

# Sierra Sage

Sierra Sage of South Orange County, a Group of the Sierra Club ■ Bimonthly Events & Outings

*You are Invited to Join us at  
Our Bi-monthly Meeting!*

## Climate Change and My Health

**C**ombatting and living with climate change is the theme of the 2019 general meetings of Sierra Sage, the South Orange County Group of the Sierra Club.

On July 23, the specific topic will be "Climate Change & My Health". Our speakers will address aspects of global warming that are often overlooked. Rising temperatures and longer, more severe heat waves invite more tropical and subtropical malefactors to move north where they will help spread disease amongst flora and fauna including humans. Dengue fever and the plague are just two of the threats we face. Wildfires and extended heat spells negatively affect the air we breathe and cause respiratory and/or pulmonary problems, especially among the young and the elderly.



How we can prepare for, adapt to, mitigate, and protect ourselves from these perils is this evening's theme. Although climate change poses an existential threat to humanity, you'll leave the meeting knowing better how to take care of yourself in a warming world.

**WHERE:** **Norman Murray Community & Senior Center**  
24932 Veterans Way, Mission Viejo, CA

**WHEN:** 7:00 PM, Tuesday, July 23, 2019

**ROOM:** Juniper

**DIRECTIONS:**

**Northbound on I-5**, exit at La Paz, turn right onto La Paz, cross Marguerite Parkway and proceed over Oso Creek. Turn left onto Veterans Way and drive to the Murray Center Parking Lot.

**Southbound on I-5**, exit at La Paz, turn left onto La Paz, cross Marguerite Parkway & Oso Creek. Turn left onto Veterans Way and drive to Murray Center Parking Lot.





# SIERRA CLUB

## ANGELES CHAPTER

### 2020: COUNTDOWN TO A GREEN FUTURE

#### 2019 Annual PAC Fundraiser

Sunday, August 11th, 2019

3:00PM to 6:00PM

Woman's Club of Orange  
121 South Center Street  
Orange, CA 92866

**DONATE:** [angeles.sierraclub.org/political\\_action/donatePAC](https://angeles.sierraclub.org/political_action/donatePAC)

The California Sierra Club Political Action Committee (PAC) funds support political programs and activities geared towards electing pro-environmental candidates and protecting voters' rights. **Please note that your contribution is non tax-deductible for federal income tax purposes.** PAC ID# 1399719

#### 2020: COUNTDOWN TO A GREEN FUTURE SIERRA CLUB POLITICAL LEADERSHIP AWARDS

August 11, 2019 3-6pm

Womens Club of Orange, 121 South Center St. 92866

Donations go to the California Sierra Club PAC -ID # 1399719  
DEADLINE FOR SPONSORSHIPS: July 19, 2019

#### SPONSORSHIP LEVELS

##### FRONT RUNNER: \$5,000

A Certificate of Appreciation, 12 VIP tickets, Mention in posters, flyers, and program

##### TRAIL BLAZER: \$2,500

A Certificate of Appreciation, 8 VIP tickets, Mention in posters, flyers, and program

##### RIDGE RUNNER: \$1,000

Mention in posters, flyers, and program, 6 VIP tickets

##### GROUND BREAKER \$500

Mention in posters, flyers, and program, 4 VIP tickets

##### GREEN: \$250

Mention in posters, flyers, and program, 2 VIP tickets

##### Individual tickets \$100

Donate Online by Credit Card or Paypal: [https://angeles.sierraclub.org/political\\_action/donatePAC](https://angeles.sierraclub.org/political_action/donatePAC) If paying by check, address check to California Sierra Club PAC 3250 Wilshire Blvd. Suite 1106 Los Angeles CA. 90010. **Enclose this completed Donation Form for all Ticket Purchases**  
Contributions of \$100 or more require completion of the information below

Name (Individual or Organization): \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Occupation: \_\_\_\_\_

Employer: \_\_\_\_\_

Sponsor Listed As:

# OUTINGS...

☐ SATURDAY, JULY 6, 2019, 7:30 AM

**0417-Sierra Sage of SOC Group Outing**

**O: Telegraph Peak (8985')**

Thunder (8587'), Telegraph (8985'): An out-and-back hike, 6 mi. round trip, with 1900 ft gain, at a moderate pace. We will ride the chair lift to Baldy Notch then hike to two of the 3Ts.

Meet 7:30 am at Tustin ride share: the lot at the corner of Nissan & Redhill behind the businesses south of I-5. Those who wish to meet us at the chair lift at 9 am should contact the leaders in advance. Bring 2 qts water, lunch, lugsoles, \$ for chairlift.

**John Kaiser (714) 968-4677 [jkai39@gmail.com](mailto:jkai39@gmail.com)**

**Linda Ledger (949) 496-8029 [linda.ledger@me.com](mailto:linda.ledger@me.com)**

☐ SUNDAY, JULY 7, 2019, 6:20 PM

**0417-Sierra Sage of SOC Group Outing**

**O: Signal Hill Sunset Hike**

**2475 Cherry Ave, Signal Hill, CA 90755**

Join us on a moderate 4-mile, 750 ft gain loop hike exploring the Signal Hill Trail System. The route makes maximum use of the walking trails inside the private residential areas before they close to the public at Sunset. Enjoy 360° views to the ocean, San Pedro, Downtown LA and Long Beach, and learn a little about the history of Signal Hill.

Afterward, those interested can join us for refreshments at Mothers Market Cafe and outdoor patio. Meet near the entrance of Mothers Market on Cherry Avenue in Signal Hill. Contact leaders for more information:

**Karen DeWeese (562) 270-3487 [kldeweese@me.com](mailto:kldeweese@me.com)**

**Sylvie Cote (949) 547-2998 [mlsylvie@hotmail.com](mailto:mlsylvie@hotmail.com)**

☐ SUNDAY, JULY 14, 2019, 7:00 AM

**0417-Sierra Sage of SOC Group Outing**

**O: San Jacinto Loops**

Enjoy cool 75° temperatures in mid-summer, walking through the pine forests on the upper slopes of Mt. San Jacinto. Two hikes from the top of the Palm Spring Tramway (8420') to Round Valley (9060') will be offered concurrently. Both hikes include the Round Valley loop. Longer route (8 mi. r/t, 1750' gain) will include a hike to Wellmans' Divide (9720') and back. Shorter route will be a more casual pace (6 mi. round trip, 950' gain).

Meet 7:00 AM at the south entrance of parking garage of the Irvine Transportation Center (Irvine Train Station, Ada & Barranca—5215 Barranca Pkwy, Irvine, CA 92618) in order to carpool to the tramway, or 9:00 AM at the tramway lobby in Palm Springs. Bring money for tramway fee, lunch, 2 quarts water, hat, light jacket, sunglasses, sunscreen, lugsole boots.

*Rain cancels.* **Leaders:** ↗

**Michael Sappingfield (949) 768-3610 [mikesapp@cox.net](mailto:mikesapp@cox.net)**

**John Kaiser (714) 968-4677 [jkai39@gmail.com](mailto:jkai39@gmail.com)**

**Linda Ledger (949) 496-8029 [linda.ledger@me.com](mailto:linda.ledger@me.com)**

**Sylvie Cote (949) 547-2998 [mlsylvie@hotmail.com](mailto:mlsylvie@hotmail.com)**

**Todd Clark (949) 547-2998 [clarkta@hotmail.com](mailto:clarkta@hotmail.com)**

☐ SUNDAY, JULY 21, 2019, 2:00 PM

**0417-Sierra Sage of SOC Group Outing**

**O: James Dilley Preserve Family Walk**

Join us for a 3-mile level walk from the James Dilley Parking Area to Barbara Lake, the Nix Nature Center and return. We expect to see wild flowers, birds, and the only natural lake in Orange County. We will stop frequently to enjoy the area and will take a longer break at the Nix Nature Center to use the restrooms and view the exhibits.

Directions: James Dilley Preserve is on the east side of the Laguna Canyon highway, just north of the CA-73 Toll Road crossing of the Laguna Canyon Highway (CA-133). Parking fee is \$3 per car and a machine will take currency, credit cards and OC Parks passes. Recommend bringing at least a quart of water per person, snacks, and a hat for each person.

**Michael Sappingfield (949) 768-3610 [mikesapp@cox.net](mailto:mikesapp@cox.net)**

**Audrey Tomovich (949) 204-7600 [tomovich@cox.net](mailto:tomovich@cox.net)**

☐ SUNDAY, AUGUST 11, 2019, 6:00 PM

**0417-Sierra Sage of SOC Group Outing**

**O: Signal Hill Sunset Hike**

**2475 Cherry Ave, Signal Hill, CA 90755**

Join us on a moderate 4-mile, 750 ft gain loop hike exploring the Signal Hill Trail System. The route makes maximum use of the walking trails inside the private residential areas before they close to the public at Sunset. Enjoy 360° views to the ocean, San Pedro, Downtown LA and Long Beach, and learn a little about the history of Signal Hill.

Afterward, those interested can join us for refreshments at Mothers Market Cafe & outdoor patio. Meet near the entrance of Mothers Market on Cherry Avenue in Signal Hill. Contact leaders for more information:

**Karen DeWeese (562) 270-3487 [kldeweese@me.com](mailto:kldeweese@me.com)**

**Sylvie Cote (949) 547-2998 [mlsylvie@hotmail.com](mailto:mlsylvie@hotmail.com)**

☐ SUNDAY, AUGUST 18, 2019, 2:00 PM

**0417-Sierra Sage of SOC Group Outing**

**O: Whiting Ranch Family Hike on Serrano Cow Trail**

Join us for a 3-mile easy hike from the Glenn Ranch Parking Lot, Whiting Ranch County Wilderness Park. We expect to see wild flowers, birds, perhaps deer and other wild critters and lots of stately Oak Trees. We are likely see some mountain bikers so we need to step off the trail to allow them to go on by. This is one of the most beautiful walks in Orange County, in our opinion, so don't miss it.

Directions: From I-5, exit El Toro heading east approx. 4 miles to Portola. Left on Portola past the Toll Road overpass to Glenn Ranch Road, turn right (northeast) on Glenn Ranch Road for approx. a mile or so to the Glenn Ranch Parking lot on the left (27901 Glenn Ranch Rd, Trabuco Canyon, CA 92679). Parking fee is \$3 per car and a machine will take currency, credit cards, and OC Parks passes. Recommend to bring at least a quart of water per person, comfortable walking shoes, snacks, sunscreen, and a hat for each person.

**Michael Sappingfield (949) 768-3610 mikesapp@cox.net**

**Audrey Tomovich (949) 204-7600 tomovich@cox.net**

#### ☐ SUNDAY, AUGUST 25, 2019, 8:30 AM TO 11:00 AM

##### 0417-Sierra Sage of SOC Group Outing

###### O:Crystal Cove Pot Luck Brunch Hike

Four (4) miles round trip. Enjoy the cool morning air in a walk along Crystal Cove Beach, break for a potluck brunch, then return to parking location.

Meet at 8:30 am at Cameo Shores just north of Crystal Cove State Park. You can park on the streets of Cameo Shores or Hampden Road. Bring brunch items to share with others. Wear comfortable shoes. Bring hat and sunscreen.

**Michael Sappingfield (949) 768-3610 mikesapp@cox.net**

**John Kaiser (714) 968-4677 jkai39@gmail.com**

#### ☐ WEDNESDAY, SEPTEMBER 4, 2019, 9:00 AM

##### 0407-Orange County/Sierra Sage Group Outing

###### O: Crystal Cove Beach Walk

7 mi, 200' gain. An easy walk along the beach & bluff top in this beautiful State Park in Newport Beach. Optional stop at Ruby's Date Shack for lunch.

Meet at the SW corner of PCH & Cameo Shores in Corona del Mar. Park along frontage road just inside entrance to Cameo Shores or park on Cameo Highlands.

**Pete Height (949) 412-8954 prheight1@cox.net**

**Sylvia Stevenson (949) 616-2765 sjstevenson2828@yahoo.com**

#### ☐ WEDNESDAY, SEPTEMBER 11, 2019, 7:15 AM

##### 0407-Orange County Group/Sierra Sage Outing

###### O: Icehouse Canyon/Saddle

Join us for 8 mi route, 2600' gain in the San Gabriel Mountains along an inviting creek, past private cabins and through beautiful forests. We'll stop for a snack at Columbine Spring, lunch at the Saddle and return the way we came.

Meet 7:15 am at the Tustin Rideshare (one block south of I-5 on Redhill in the portion of the parking lot on the north side of Stater Bros). Bring 2+ liters water, lunch/snacks, lugsoles, poles, rain jacket, non-cotton layers. *Rain cancels.*

**Leader: Sharon Kirk 714-376-3197 sl.kirk@sbcglobal.net**

**Assist: Linda Ledger 949-444-1285 linda.ledger@me.com**

#### ☐ WEDNESDAY, SEPTEMBER 18, 2019, 9:00 AM – NOON

##### 0407-Orange County Group Outing

###### O: Colinas Bluff Trail

30211 Golden Lantern, Laguna Niguel, CA 92677

Join us for this approximately 6½ mile, 1500 feet elevation gain hike, starting in Laguna Niguel and hiking on the ridge that straddles Laguna Niguel and San Juan Capistrano. On a clear day, we will get panoramic views of South Orange County, the Pacific Ocean and Catalina Island. (Rain Cancels) Meet near the Starbucks at 30211 Golden Lantern, Laguna Niguel. Please park close to the street in the shopping center.

Bring hiking shoes, water, sunscreen, hat, snacks and money if interested in optional lunch after the hike. From the I-5 freeway and Crown Valley Parkway, head west on Crown Valley to Golden Lantern and turn left. Follow Golden Lantern until you reach the Starbucks parking lot.

**Audrey Tomovich (949) 204-7600 tomovich@cox.net**

**Linda Ledger (949) 496-8029 linda.ledger@me.com**

#### ☐ WEDNESDAY, SEPTEMBER 25, 2019, 8:30 AM

##### 0407-Orange County Group Outing

###### O: Canyon to Coast via Rattlesnake

Canyon to Coast via Rattlesnake: 7.5 mi, 1430 gain/1660 loss. Starting at Willow, we'll take Laurel and Lizard to Bommer Ridge, then follow a combination of Rattlesnake and No Dogs down to Crystal Cove. Rough and/or steep sections on Rattlesnake give this otherwise moderate route a strenuous rating. Great views. The #1 bus on PCH takes us to downtown Laguna Beach, where #89 bus returns us to our starting point. Meet 8:30 am at Willow parking lot (from El Toro Rd turn L at Laguna Cyn intersection; parking lot is immediately on R). Bring water, lunch, lugsoles, poles recommended, \$3 for parking, bus \$2.00 reg, \$.75 seniors per ride. *Rain cancels.*

**Helen Maurer (949) 768-04177 gables@cox.net**

**Ed Maurer (949) 768-0417 balois@cox.net**

#### ☐ WEDNESDAY, OCTOBER 9, 2019, 8:00 AM

##### 0407-Orange County Group Outing

###### O: Morgan Trail

10 mi rt, 1000' gain. Hike to South Main Divide Rd for lunch in a scenic grove of oaks and sycamores in upper Morrell Cyn. Return same way.

Meet 8:00 am at South Orange County rideshare point. From I-5 take Ortega Hwy east, R on Rancho Viejo, L into parking lot. Park to L, across from Ballpark Pizza. Bring 2 qts water, lunch, lugsoles. *Rain cancels.*

**Ed Maurer (949) 768-0417 balois@cox.net**

**Michael Sappingfield (949) 768-3610 mikesapp@cox.net**





# Angeles Chapter, Sierra Club Sierra Sage of South Orange County Group Family-Oriented Outings

*The following outings are designed for families who wish to get into the outdoors.*

## Children

Children 5 years of age and older with a parent, are welcome. The outings will involve some hiking in the Orange County Wilderness Parks and the Cleveland National Forest. Hikes will be led by **Mike Sappingfield**, and **Audrey Tomovich**, Sierra Club trained hike leaders. Tell your family and friends!

### ■ Sunday, June 16, 2019, 2:00 PM

#### O'NEILL PARK, ARROYO TRABUCO

**Join us** for a 3-mile easy hike from the Arroyo Vista Trail Head down the Arroyo Trabuco to the stream crossing and return. We will enjoy the massive sycamore and oak trees, and a tropical forest as well as a running stream. We will see numerous birds, possible some deer, and wildflowers.

**Directions.** From I-5 exit East on Alicia Parkway all the way to its end at Santa Margarita Parkway, right on Santa Margarita to Empresa, right on Empresa to Banderas, right of Banderas to Arroyo Vista, right on Arroyo Vista to the trailhead on the right just past the last houses on the right. Park on the side of the road. No parking fee required. *Recommend a quart of water, snacks and a hat for each person*

### ■ Sunday, July 21, 2019, 2:00 PM

#### JAMES DILLEY NATURE PRESERVE

**Join us** for a 3-mile level walk from the James Dilley Parking Area to Barbara's Lake, the Nix Nature Center and return. We expect to see wild flowers, birds, and the only natural lake in Orange County. We will stop frequently to enjoy the area and will take a longer break at the Nix Nature Center to use the restrooms and view the exhibits.

**Directions.** James Dilley Preserve is just north of the Toll Road crossing of the Laguna Canyon Hwy (CA-133) on the right -hand side of the Laguna Canyon Hwy heading north. Parking fee is \$3 per car and a machine will take currency, credit cards and OC Parks passes. *Recommend bringing at least a quart of water per person and snacks, and a hat per person.*

### ■ Sunday, August 18, 2019, 2:00 PM

#### WHITING RANCH, SERRANO COW TRAIL

**Join us** for a 3-mile easy hike from the Glenn Ranch Parking Lot, Whiting Ranch County Wilderness Park. We expect to see wild flowers, birds, perhaps deer and other wild critters and lots of stately Oak Trees. We can expect to see some mountain bikers so we need to step off the trail to allow them to go on by. This is one of the most beautiful walks in Orange County, in our opinion so don't miss it.

**Directions.** From I-5, exit El Toro heading east approx. 4 miles to Portola. Left on Portola past the Toll Road overpass to Glenn Ranch Road, turn right (East) on Glenn Ranch Road for approx. 1/2 mile or so to the Glenn Ranch Parking lot on the left. Parking fee is \$3 per car and a machine will take currency, credit cards, and OC Parks passes. *Recommend bring at least a quart of water per person, snacks, and a hat for each person.*

*For additional information and for future family hikes, contact*

**Mike Sappingfield**

**949-633-6993** | email him at [mikesapp@cox.net](mailto:mikesapp@cox.net)

# Becoming a Sierra Club Outings Leader

**B**ecoming a Leader for the Sierra Club can be a very rewarding experience. Not only can you select when or where you are going to lead, but you can share your knowledge and enjoyment of the outdoors with others.

Sierra Club outings can range from social activities, such as going to dinner and a movie, to extreme mountaineering, and everything in-between. Most outings are led at the O-level, which is on trail and “uncomplicated” (including bike rides, city walks, trail hikes not requiring extensive navigation skills). Leadership ratings can also be O-2 (which is overnight backpacking on trail), I-level (which is cross country travel requiring navigation skills), M-level (climbing that may require belay or ice axe when on snow), or E-level (more exposure requiring climbing gear and crampons).

For this article, we will focus on leading at the introductory O-level. The basic requirements are as follows:

1. **Must be a Sierra Club member in good standing.**
2. **Must attend five (5) Sierra Club hikes at the O-level.**
3. **Must attend the one-day LTC (Leadership Training Course).**
4. **Must complete CPR and Basic First Aid.**
5. **After those requirements are met, must lead one provisional outing with a Sierra Club check-off leader.**



Once a leader’s status is approved, then he or she can submit write-ups to lead outings at the level they are rated for, with at least one other leader (who is also rated at that level).

The best way to get started on this journey is to connect with the Outings Chair of your local group, section, or committee that you want to lead for. They can direct you as to when/where the various courses and outings are, and where to attend First Aid/CPR. They also can help you to find a check-off leader.

The first step would be to attend the LTC class, which is a one-day course. The next LTC class will be held on October 5, 2019 in Culver City. Registration two weeks in advance is required. The fee is \$25. They will impart the necessary information regarding the skills and requirements needed to become a Sierra Club leader, including practice of potential scenarios encountered on outings and how to handle them. Please contact [LTPSeminarRegistrar@gmail.com](mailto:LTPSeminarRegistrar@gmail.com) to sign up and to get more information.

On September 7, 2019 there will be a Leaders’ Hike in advance of the LTC course. The Leaders’ Hike will be held at the Turtle Rock Park in Irvine, where we will go over all the requirements and skills needed to lead a successful outing at the O-level. First there will be a table talk at the park, followed by a short hike led by experienced Sierra Club leaders who can answer many of your questions and provide guidance that you may need prior to the LTC course. To register for the Leaders’ Hike, please contact Donna Specht, LA Chapter Outings Chair, at [donnaspecht@juno.com](mailto:donnaspecht@juno.com).

Should you have further questions or comments about this article, feel free to contact us.

**Sylvie Cote**, [mlsylvie@hotmail.com](mailto:mlsylvie@hotmail.com)  
I-rated Sierra Club Leader  
Sierra Sage Outing Co-chair

**Todd Clark**, [clarkta@hotmail.com](mailto:clarkta@hotmail.com)  
I-rated Sierra Club Leader  
Sierra Sage Outing Co-chair



## DIRECTORY OF SIERRA SAGE OFFICERS

<u>TITLE</u>	<u>NAME</u>	<u>PHONE</u>	<u>EMAIL</u>
Chair	Mike Sappingfield *	949-768-3610	mikesapp@cox.net
Vice Chair	Duana Miller *	949-831-0890	duana103@hotmail.com
Secretary	John Kaiser *	714-968-4677	jkai39@gmail.com
Treasurer	Patty Sappingfield *	949-768-3610	solanese@cox.net
Outings Co-Chair	Todd Clark	714-803-0195	clarkta@hotmail.com
Outings Co-Chair	Sylvie Coté	949-547-2998	mlsylvie@hotmail.com
Membership Ch	Linda Ledger *	949-444-1285	linda.ledger@me.com
Communications	Mike Sappingfield *	949-768-3610	mikesapp@cox.net
Webmaster	Bob Hansen		awildtrout@gmail.com
Circulation Chair	Patty Sappingfield *	949-768-3610	solanese@cox.net
Political Chair	Sharon Koch *	949-717-7745	slkoch@ix.netcom.com
Chapter Rep	Mike Sappingfield *	949-768-3610	mikesapp@cox.net
Alt Chap Rep	Vicki Hazley *	949-459-8824	vhazley@cox.net
Ex Comm Member	Vicki Hazley *	949-459-8824	vhazley@cox.net
Program Chair	Ed Maurer *	949-768-0417	balois@cox.net
Elect Media Mgr	TBD		
Exec Comm Mgr	Helen Mauer *	949-768-0417	7gables@cox.net
Aliso Hobo Ridge TF	Penny Elia		greenp1@cox.net
Santa Ana Mtns TF	John Kaiser *	714-968-4677	jkai39@gmail.com
San Onofre TF	Marni Magda		marnimagda@gmail.com

Note: \* Denotes voting member of the Executive Committee

## Sierra Sage Meetings

- Executive Committee meetings are open to all members of the Sierra Club who reside in South Orange County. Meetings are on the 2nd Thursday of each month. **Contact Mike Sappingfield at mikesapp@cox.net** for date, time and directions.
- Preserve the Coastal areas of Orange County? **Contact Penny Elia at greenp1@cox.net**
- Interested in electing environmentally supportive politicians into local offices? **Contact Sharon Koch, 949-717-7745 at slkoch@ix.netcom.com**
- Want to keep the Santa Ana Mountains wild? Or even want to help maintain the trails in the San Mateo Wilderness Area? **Contact John Kaiser at jkai39@gmail.com**

### INTERNET ADDRESSES

**ANGELES CHAPTER:** [www.angeles.sierraclub.org](http://www.angeles.sierraclub.org)

**SIERRA SAGE:** [www.sierrasage.org](http://www.sierrasage.org)

## Sierra Sage

Subscription Information  
Sierra Sage Newsletter

### SUBSCRIPTION RATES

- ☐ 1 year ..... \$9.00
- ☐ 2 years ..... \$15.00

Note: Please mail your check to:

**Sierra Sage**  
**P. O. Box 524**  
**Lake Forest, CA 92609**

### PUBLICATION NOTES

— Sierra Sage is scheduled for delivery on Jan 1, March 1, May 1, July 1, Sept 1, & November 1 of each year.

— Please note that submission deadline is *one month prior to publication*.

— Electronic copies are sent via email and are free. Just send an email to **mikesapp@cox.net** and tell us you want the emailed Newsletter

— Newsletter Design & Layout: Risa Koppel | Graphic Design  
[risa.koppel@me.com](mailto:risa.koppel@me.com)



Sierra Sage  
of South Orange County  
P. O. Box 524  
Lake Forest CA 92609

**First  
Class  
Mail**

### Subscribers...

Check the "Last Issue"  
date on your label and  
renew early.

Remember to give us  
your new address if you  
are moving so you'll get  
your Sage at your new  
place on time!

### HIKE OF THE MONTH

**Sunday, August 18, 2019 @ 2:00 PM**

**0417-Sierra Sage of SOC Group Outing**

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**Michael Sappingfield (949) 768-3610 mikesapp@cox.net**

**Audrey Tomovich (949) 204-7600 tomovich@cox.net**

*This is one of a series of walks in the wild areas of Orange County designed to give families with small children—5 years and up—an opportunity to enjoy the outdoors.*

### JOIN THE SIERRA CLUB

**Yes,** I want to join! I want to help safeguard our  
nation's precious natural heritage. My check is enclosed.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Membership Categories (circle one) . . . . .	INDIVIDUAL	JOINT
Introductory . . . . .	\$15	
Standard . . . . .	\$39	\$49
Supporting . . . . .	\$75	\$100
Contributing . . . . .	\$150	\$175
Life . . . . .	\$1000	\$1250
Senior . . . . .	\$25	\$35
Student . . . . .	\$25	\$35
Limited Income . . . . .	\$25	\$35

FRIP #0417 **Mail your check to SIERRA CLUB**

*Membership not tax-deductible*

**P.O. Box 42141 ■ Palm Coast, Florida 32142-1041**

— ON THE WEB —

**Angeles Chapter: [www.angeles.sierraclub.org](http://www.angeles.sierraclub.org)**

**Sierra Sage: [www.sierrasage.org](http://www.sierrasage.org)**

**Sierra Sage of South Orange County Group of the Sierra Club ■ July/August Events & Outings**